

# January

2026

| Sun                                    | Mon                                       | Tue                   | Wed                   | Thu                                                      | Fri                                    | Sat                                    |
|----------------------------------------|-------------------------------------------|-----------------------|-----------------------|----------------------------------------------------------|----------------------------------------|----------------------------------------|
|                                        |                                           |                       |                       | 1 (New Year's Day)<br>Path to Peace<br>New Year Assembly | 2<br>Self Meditation                   | 3<br>Self Meditation                   |
| 4<br>Nakashibetsu                      | 5<br>Nakashibetsu                         | 6<br>Nakashibetsu     | 7<br>Self Meditation  | 8<br>Self Meditation                                     | 9<br>Path to Peace<br>(Ryukyu Center)  | 10<br>Path to Peace<br>(Ryukyu Center) |
| 11<br>Path to Peace<br>(Ryukyu Center) | 12 (Coming of Age Day)<br>Self Meditation | 13<br>Self Meditation | 14<br>Self Meditation | 15<br>Fureai                                             | 16<br>Self Meditation                  | 17<br>Nagomi                           |
| 18<br>Mugen                            | 19<br>Self Meditation                     | 20<br>Self Meditation | 21<br>Self Meditation | 22<br>Self Meditation                                    | 23<br>Path to Peace<br>(Ryukyu Center) | 24<br>Path to Peace<br>(Ryukyu Center) |
| 25<br>Path to Peace<br>(Ryukyu Center) | 26<br>Self Meditation                     | 27<br>Self Meditation | 28<br>Self Meditation | 29<br>Self Meditation                                    | 30<br>Self Meditation                  | 31<br>Yokohama<br>Shizen Seminar       |

\*Some seminars require pre-registration. Check the official website for details.

\*Schedules are subject to change without notice.

# February

2026

| Sun                                    | Mon                                             | Tue                   | Wed                                    | Thu                              | Fri                                    | Sat                                    |
|----------------------------------------|-------------------------------------------------|-----------------------|----------------------------------------|----------------------------------|----------------------------------------|----------------------------------------|
| 1<br>Nagomi                            | 2<br>Self Meditation                            | 3<br>Self Meditation  | 4<br>Self Meditation                   | 5<br>Self Meditation             | 6<br>Path to Peace<br>(Ryukyu Center)  | 7<br>Path to Peace<br>(Ryukyu Center)  |
| 8<br>Path to Peace<br>(Ryukyu Center)  | 9<br>Self Meditation                            | 10<br>Self Meditation | 11 (Foundation Day)<br>Self Meditation | 12<br>Self Meditation            | 13<br>Path to Peace<br>(Ryukyu Center) | 14<br>Path to Peace<br>(Ryukyu Center) |
| 15<br>Path to Peace<br>(Ryukyu Center) | 16<br>Self Meditation                           | 17<br>Fureai          | 18<br>Self Meditation                  | 19<br>Lv. Japan<br>Ar. HKG       | 20<br>Hong Kong<br>Seminar             | 21<br>Hong Kong<br>Seminar             |
| 22<br>Hong Kong<br>Seminar             | 23 (Emperor's Birthday)<br>Lv. HKG<br>Ar. Japan | 24<br>Self Meditation | 25<br>Self Meditation                  | 26<br>Yokohama<br>Shizen Seminar | 27<br>Self Meditation                  | 28<br>Mugen                            |

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# March

2026

| Sun                                   | Mon                   | Tue                           | Wed                  | Thu                  | Fri                                   | Sat                                   |
|---------------------------------------|-----------------------|-------------------------------|----------------------|----------------------|---------------------------------------|---------------------------------------|
| 1<br>Nagomi                           | 2<br>Self Meditation  | 3<br>Fureai                   | 4<br>Self Meditation | 5<br>Self Meditation | 6<br>Path to Peace<br>(Ryukyu Center) | 7<br>Path to Peace<br>(Ryukyu Center) |
| 8<br>Path to Peace<br>(Ryukyu Center) | 9<br>Self Meditation  | 10<br>Self Meditation         | 11<br>Nakashibetsu   | 12<br>Nakashibetsu   | 13<br>Nakashibetsu                    | 14<br>Self Meditation                 |
| 15<br>Yokohama<br>Shizen Seminar      | 16<br>Self Meditation | 17<br>Lv. Japan<br>Ar. Hawaii | 18<br>Hawaii         | 19<br>Hawaii         | 20 (Vernal<br>Equinox Day)            | 21<br>Hawaii Seminar                  |
| 22<br>Hawaii Seminar                  | 23<br>Hawaii          | 24<br>Hawaii                  | 25<br>Lv. Hawaii     | 26<br>Ar. Japan      | 27<br>Self Meditation                 | 28<br>Self Meditation                 |
| 29<br>Mugen                           | 30<br>Self Meditation | 31<br>Self Meditation         |                      |                      |                                       |                                       |

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# April

2026

| Sun                                    | Mon                   | Tue                   | Wed                                    | Thu                                    | Fri                                    | Sat                                    |
|----------------------------------------|-----------------------|-----------------------|----------------------------------------|----------------------------------------|----------------------------------------|----------------------------------------|
|                                        |                       |                       | 1<br>Self Meditation                   | 2<br>Self Meditation                   | 3<br>Path to Peace<br>(Ryukyu Center)  | 4<br>Path to Peace<br>(Ryukyu Center)  |
| 5<br>Path to Peace<br>(Ryukyu Center)  | 6<br>Self Meditation  | 7<br>Self Meditation  | 8<br>Self Meditation                   | 9<br>Self Meditation                   | 10<br>Self Meditation                  | 11<br>Self Meditation                  |
| 12<br>Nagomi                           | 13<br>Self Meditation | 14<br>Self Meditation | 15<br>Path to Peace<br>(Ryukyu Center) | 16<br>Path to Peace<br>(Ryukyu Center) | 17<br>Self Meditation                  | 18<br>Yokohama<br>Shizen Seminar       |
| 19<br>Mugen                            | 20<br>Self Meditation | 21<br>Fureai          | 22<br>Self Meditation                  | 23<br>Self Meditation                  | 24<br>Path to Peace<br>(Ryukyu Center) | 25<br>Path to Peace<br>(Ryukyu Center) |
| 26<br>Path to Peace<br>(Ryukyu Center) | 27<br>Self Meditation | 28<br>Self Meditation | 29 (Showa Day)<br>Self Meditation      | 30<br>Lv. Japan<br>Ar. HKG             |                                        |                                        |

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# May

2026

| Sun                                       | Mon                                   | Tue                                   | Wed                                     | Thu                   | Fri                                 | Sat                                 |
|-------------------------------------------|---------------------------------------|---------------------------------------|-----------------------------------------|-----------------------|-------------------------------------|-------------------------------------|
|                                           |                                       |                                       |                                         |                       | 1<br>Hong Kong Seminar              | 2<br>Hong Kong Seminar              |
| 3 (Constitution Day)<br>Hong Kong Seminar | 4 (Greenery Day)<br>Lv. HKG Ar. Japan | 5 (Children's Day)<br>Self Meditation | 6 (Observed Holiday)<br>Self Meditation | 7<br>Self Meditation  | 8<br>Path to Peace (Ryukyu Center)  | 9<br>Path to Peace (Ryukyu Center)  |
| 10<br>Path to Peace (Ryukyu Center)       | 11<br>Self Meditation                 | 12<br>Self Meditation                 | 13<br>Nakashibetsu                      | 14<br>Nakashibetsu    | 15<br>Nakashibetsu                  | 16<br>Self Meditation               |
| 17<br>Yokohama Shizen Seminar             | 18<br>Self Meditation                 | 19<br>Lupinus                         | 20<br>Self Meditation                   | 21<br>Self Meditation | 22<br>Path to Peace (Ryukyu Center) | 23<br>Path to Peace (Ryukyu Center) |
| 24<br>Path to Peace (Ryukyu Center)       | 25<br>Self Meditation                 | 26<br>Self Meditation                 | 27<br>Sawayaka Circle                   | 28<br>Self Meditation | 29<br>Fureai                        | 30<br>Nagomi                        |
| 31<br>Mugen                               |                                       |                                       |                                         |                       |                                     |                                     |

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\*Schedules are subject to change without notice.

# June

2026

| Sun                                 | Mon                   | Tue                   | Wed                   | Thu                   | Fri                                 | Sat                                 |
|-------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------------|-------------------------------------|
|                                     | 1<br>Ai-no-Hana       | 2<br>Ai-no-Hana       | 3<br>Self Meditation  | 4<br>Self Meditation  | 5<br>Path to Peace (Ryukyu Center)  | 6<br>Path to Peace (Ryukyu Center)  |
| 7<br>Path to Peace (Ryukyu Center)  | 8<br>Self Meditation  | 9<br>Self Meditation  | 10<br>Nakashibetsu    | 11<br>Nakashibetsu    | 12<br>Nakashibetsu                  | 13<br>Self Meditation               |
| 14<br>Nagomi                        | 15<br>Self Meditation | 16<br>Rindou          | 17<br>Self Meditation | 18<br>Self Meditation | 19<br>Path to Peace (Ryukyu Center) | 20<br>Path to Peace (Ryukyu Center) |
| 21<br>Path to Peace (Ryukyu Center) | 22<br>Self Meditation | 23<br>Self Meditation | 24<br>Tenshi          | 25<br>Self Meditation | 26<br>Fureai                        | 27<br>Yokohama Shizen Seminar       |
| 28<br>Mugen                         | 29<br>Self Meditation | 30<br>Self Meditation |                       |                       |                                     |                                     |

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# July

2026

| Sun                                    | Mon                                   | Tue                     | Wed                   | Thu                        | Fri                                    | Sat                                    |
|----------------------------------------|---------------------------------------|-------------------------|-----------------------|----------------------------|----------------------------------------|----------------------------------------|
|                                        |                                       |                         | 1<br>Self Meditation  | 2<br>Self Meditation       | 3<br>Path to Peace<br>(Ryukyu Center)  | 4<br>Path to Peace<br>(Ryukyu Center)  |
| 5<br>Path to Peace<br>(Ryukyu Center)  | 6<br>Self Meditation                  | 7<br>Self Meditation    | 8<br>Ohisama          | 9<br>Self Meditation       | 10<br>Fureai                           | 11<br>Mugen                            |
| 12<br>Yokohama<br>Shizen Seminar       | 13<br>Self Meditation                 | 14<br>Kanazawa<br>Zazen | 15<br>Self Meditation | 16<br>Self Meditation      | 17<br>Path to Peace<br>(Ryukyu Center) | 18<br>Path to Peace<br>(Ryukyu Center) |
| 19<br>Path to Peace<br>(Ryukyu Center) | 20 (Marine<br>Dav)<br>Self Meditation | 21<br>Self Meditation   | 22<br>Nakashibetsu    | 23<br>Nakashibetsu         | 24<br>Nakashibetsu                     | 25<br>Self Meditation                  |
| 26<br>Nagomi                           | 27<br>Self Meditation                 | 28<br>Iris              | 29<br>Self Meditation | 30<br>Lv. Japan<br>Ar. HKG | 31<br>Hong Kong<br>Seminar             |                                        |

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# August

2026

| Sun                                      | Mon                       | Tue                                     | Wed                   | Thu                                    | Fri                                      | Sat                                      |
|------------------------------------------|---------------------------|-----------------------------------------|-----------------------|----------------------------------------|------------------------------------------|------------------------------------------|
|                                          |                           |                                         |                       |                                        |                                          | 1<br>Hong Kong<br>Seminar                |
| 2<br>Hong Kong<br>Seminar                | 3<br>Lv. HKG<br>Ar. Japan | 4<br>Self Meditation                    | 5<br>Self Meditation  | 6<br>Self Meditation                   | 7<br>Path to Peace<br>(Ryukyu Center)    | 8<br>Path to Peace<br>(Ryukyu Center)    |
| 9<br>Path to Peace<br>(Ryukyu Center)    | 10<br>Self Meditation     | 11 (Mountain<br>Day)<br>Self Meditation | 12<br>Self Meditation | 13<br>Yokohama<br>Shizen Seminar       | 14<br>Self Meditation                    | 15<br>Mugen                              |
| 16<br>Nagomi                             | 17<br>Fureai              | 18<br>Self Meditation                   | 19<br>Self Meditation | 20<br>Path to Peace<br>(Ryukyu Center) | 21<br>Path to Peace<br>(Ryukyu Center)   | 22<br>Path to Peace<br>(Ryukyu Center)   |
| 23<br>Self Meditation                    | 24<br>Self Meditation     | 25<br>Lv. Japan                         | 26<br>Arr. Auckland   | 27<br>New Zealand                      | 28<br>New Zealand<br>Eternal Inner Light | 29<br>New Zealand<br>Eternal Inner Light |
| 30<br>New Zealand<br>Eternal Inner Light | 31<br>New Zealand         |                                         |                       |                                        |                                          |                                          |

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# September

2026

| Sun                                    | Mon                                             | Tue                                         | Wed                                    | Thu                   | Fri                                    | Sat                                    |
|----------------------------------------|-------------------------------------------------|---------------------------------------------|----------------------------------------|-----------------------|----------------------------------------|----------------------------------------|
|                                        |                                                 | 1<br>Lv. Aukland<br>Arr. Japan              | 2<br>Self Meditation                   | 3<br>Self Meditation  | 4<br>Path to Peace<br>(Ryukyu Center)  | 5<br>Path to Peace<br>(Ryukyu Center)  |
| 6<br>Path to Peace<br>(Ryukyu Center)  | 7<br>Self Meditation                            | 8<br>Self Meditation                        | 9<br>Nakashibetsu                      | 10<br>Nakashibetsu    | 11<br>Nakashibetsu                     | 12<br>Self Meditation                  |
| 13<br>Mugen                            | 14<br>Fureai                                    | 15<br>Yokohama<br>Shizen Seminar            | 16<br>Self Meditation                  | 17<br>Self Meditation | 18<br>Path to Peace<br>(Ryukyu Center) | 19<br>Path to Peace<br>(Ryukyu Center) |
| 20<br>Path to Peace<br>(Ryukyu Center) | 21 (Respect<br>for<br>Senior<br>Self Meditation | 22 (Observed<br>Holiday)<br>Self Meditation | 23 (Autumnal<br>Equinox Day)<br>Nagomi | 24<br>Self Meditation | 25<br>Self Meditation                  | 26<br>Path to Peace<br>(Ryukyu Center) |
| 27<br>Path to Peace<br>(Ryukyu Center) | 28<br>Self Meditation                           | 29<br>Self Meditation                       | 30<br>Self Meditation                  |                       |                                        |                                        |

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# October

2026

| Sun                                    | Mon                       | Tue                   | Wed                   | Thu                   | Fri                                    | Sat                                    |
|----------------------------------------|---------------------------|-----------------------|-----------------------|-----------------------|----------------------------------------|----------------------------------------|
|                                        |                           |                       |                       | 1<br>Self Meditation  | 2<br>Path to Peace<br>(Ryukyu Center)  | 3<br>Path to Peace<br>(Ryukyu Center)  |
| 4<br>Path to Peace<br>(Ryukyu Center)  | 5<br>Self Meditation      | 6<br>Self Meditation  | 7<br>Nakashibetsu     | 8<br>Nakashibetsu     | 9<br>Nakashibetsu                      | 10<br>Self Meditation                  |
| 11<br>Yokohama<br>Shizen Seminar       | 12 (Sports Day)<br>Nagomi | 13<br>Self Meditation | 14<br>Sazanka         | 15<br>Self Meditation | 16<br>Self Meditation                  | 17<br>Path to Peace<br>(Ryukyu Center) |
| 18<br>Path to Peace<br>(Ryukyu Center) | 19<br>Self Meditation     | 20<br>Self Meditation | 21<br>Self Meditation | 22<br>Self Meditation | 23<br>Path to Peace<br>(Ryukyu Center) | 24<br>Path to Peace<br>(Ryukyu Center) |
| 25<br>Path to Peace<br>(Ryukyu Center) | 26<br>Self Meditation     | 27<br>Self Meditation | 28<br>Sakurajima      | 29<br>Self Meditation | 30<br>Fureai                           | 31<br>Mugen                            |

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# November

2026

| Sun                                    | Mon                                                          | Tue                       | Wed                   | Thu                       | Fri                                    | Sat                                    |
|----------------------------------------|--------------------------------------------------------------|---------------------------|-----------------------|---------------------------|----------------------------------------|----------------------------------------|
| 1<br>Nagomi                            | 2<br>Self Meditation                                         | 3 (Culture Day)<br>Fureai | 4<br>Self Meditation  | 5<br>Lv. Japan<br>Ar. HKG | 6<br>Hong Kong<br>Seminar              | 7<br>Hong Kong<br>Seminar              |
| 8<br>Hong Kong<br>Seminar              | 9<br>Lv. HKG<br>Ar. Japan                                    | 10<br>Self Meditation     | 11<br>Self Meditation | 12<br>Self Meditation     | 13<br>Path to Peace<br>(Ryukyu Center) | 14<br>Path to Peace<br>(Ryukyu Center) |
| 15<br>Path to Peace<br>(Ryukyu Center) | 16<br>Self Meditation                                        | 17<br>Self Meditation     | 18<br>Nakashibetsu    | 19<br>Nakashibetsu        | 20<br>Nakashibetsu                     | 21<br>a<br>Self Meditation             |
| 22<br>Mugen                            | 23 (Labor<br>Thanksgiving Day)<br>Yokohama<br>Shizen Seminar | 24<br>Self Meditation     | 25<br>Self Meditation | 26<br>Self Meditation     | 27<br>Path to Peace<br>(Ryukyu Center) | 28<br>Path to Peace<br>(Ryukyu Center) |
| 29<br>Path to Peace<br>(Ryukyu Center) | 30<br>Self Meditation                                        |                           |                       |                           |                                        |                                        |

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# December

2026

| Sun                                    | Mon                   | Tue                   | Wed                                      | Thu                                      | Fri                                    | Sat                                    |
|----------------------------------------|-----------------------|-----------------------|------------------------------------------|------------------------------------------|----------------------------------------|----------------------------------------|
|                                        |                       | 1<br>Self Meditation  | 2<br>Self Meditation                     | 3<br>Self Meditation                     | 4<br>Path to Peace<br>(Ryukyu Center)  | 5<br>Path to Peace<br>(Ryukyu Center)  |
| 6<br>Path to Peace<br>(Ryukyu Center)  | 7<br>Self Meditation  | 8<br>Self Meditation  | 9<br>Nakashibetsu                        | 10<br>Nakashibetsu                       | 11<br>Nakashibetsu                     | 12<br>Self Meditation                  |
| 13<br>Yokohama<br>Shizen Seminar       | 14<br>Self Meditation | 15<br>Self Meditation | 16<br>Self Meditation                    | 17<br>Self Meditation                    | 18<br>Path to Peace<br>(Ryukyu Center) | 19<br>Path to Peace<br>(Ryukyu Center) |
| 20<br>Path to Peace<br>(Ryukyu Center) | 21<br>Self Meditation | 22<br>Self Meditation | 23<br>Self Meditation                    | 24<br>Self Meditation                    | 25<br>Fureai                           | 26<br>Nagomi                           |
| 27<br>Mugen                            | 28<br>Self Meditation | 29<br>Self Meditation | 30<br>Path to Peace<br>New Year Assembly | 31<br>Path to Peace<br>New Year Assembly |                                        |                                        |

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