

January

<★Register: Pre-registration required for attendance>

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 (New Year's Day)	2	3	4
			Self Meditation	Self Meditation	Self Meditation	Self Meditation
5	6	7	8	9	10	11
Nagomi	Self Meditation	Self Meditation	Self Meditation	Leaving Japan; Arriving HKG	★Register Hong Kong Seminar	★Register Hong Kong Seminar
12	13 (Coming of Age Day)	14	15	16	17	18
★Register Hong Kong Seminar	Leaving HKG; Arriving Japan	Self Meditation	Self Meditation	Self Meditation	Yui Nakijin	Yui Nakijin
19	20	21	22	23	24	25
Ryukyu Do Ai	Ryukyu Do Ai	Nuchinu Ryukyu	Nuchinu Ryukyu	Self Meditation	Fureai	Yokohama Shizen Seminar
26	27	28	29	30	31	
Mugen	Self Meditation	Nakashibetsu	Nakashibetsu	Nakashibetsu	Self Meditation	

February

<★Register: Pre-registration required for attendance>

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						Self Meditation
2	3	4	5	6	7	8
Nagomi	Self Meditation	Self Meditation	Self Meditation	Self Meditation	Iris	Fueai
9	10	11 (Foundation Day)	12	13	14	15
Yokohama Shizen Seminar	Self Meditation	Nakashibetsu	Nakashibetsu	Nakashibetsu	Self Meditation	Self Meditation
16	17	18	19	20	21	22
Mugen	Self Meditation	Lupinus	Self Meditation	Self Meditation	Yui Nakijin	Yui Nakijin
23 (Emperor's Birthday)	24 (Holiday Observed)	25	26	27	28	29
Ryukyu Do Ai	Ryukyu Do Ai	Nuchinu Ryukyu	Nuchinu Ryukyu	Self Meditation	Self Meditation	Self Meditation

March

<★Register: Pre-registration required for attendance>

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Self Meditation	2 Nakashibetsu	3 Nakashibetsu	4 Nakashibetsu	5 Self Meditation	6 Leaving Japan; Arriving India	7 ★Register India Semiar
8 ★Register India Semiar	9 ★Register India Semiar	10 ★Register India Semiar	11 ★Register India Semiar	12 ★Register India Semiar	13 ★Register India Semiar	14 Leaving India; Arriving Japan
15 Mugen	16 Self Meditation	17 Self Meditation	18 Self Meditation	19 Self Meditation	20 (Vernal Equinox Day) Yui Nakijin	21 Yui Nakijin Ryukyu Do Ai
22 Ryukyu Do Ai	23 Ryukyu Do Ai	24 Nuchinu Ryukyu	25 Nuchinu Ryukyu	26 Self Meditation	27 Fureai	28 Nagomi
29 Yokohama Shizen Seminar	30 Self Meditation	31 Self Meditation				