

January

<★Register: Pre-registration required for attendance>

2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------------------------|-----------------------------------------------|-------------------------------------------|-------------------------------|--------------------------------------|--------------------------------------|-----------------------------------------------------------|
| | | 1 (New Year's Day) Sp. Nakijin Seminar | 2 Self Meditation | 3 Self Meditation | 4 Self Meditation | 5 Mugen |
| 6 Self Meditation | 7 Self Meditation | 6 Self Meditation | 9 Self Meditation | 10 Self Meditation | 11 Self Meditation | 12 Self Meditation |
| 13 Self Meditation | 14 (Coming of Age Day) Self Meditation | 15 Self Meditation | 16 Fureai | 17 Leaving Japan; Arriving HKG | 18 ★Register Hong Kong Seminar | 19 ★Register Hong Kong Seminar |
| 20 ★Register Hong Kong Seminar | 21 Leaving HKG; Arriving Japan | 22 Nagomi | 23 Yokohama Shizen Seminar | 24 Self Meditation | 25 Yui Nakijin | 26 Yui Nakijin ★Register Ryukyu Do Ai (Costa Vista) |
| 27 ★Register Ryukyu Do Ai (Costa Vista) | 28 ★Register Ryukyu Do Ai (Costa Vista) | 29 Nuchinu Ryukyu | 30 Nuchinu Ryukyu | 31 Self Meditation | | |

February

<★Register: Pre-registration required for attendance>

2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------|----------------------------------------|-----------------------|-----------------------|-------------------------------------|-----------------------|-----------------------------------|
| | | | | | 1 Self Meditation | 2 Fureai |
| 3 Mugen | 4 Nakashibetsu | 5 Nakashibetsu | 6 Nakashibetsu | 7 Self Meditation | 8 Self Meditation | 9 Nagomi |
| 10 Yokohama Shizen Seminar | 11 (Foundation Day) Self Meditation | 12 Lupinus | 13 Self Meditation | 14 Self Meditation | 15 Yui Nakijin | 16 Yui Nakijin Ryukyu Do Ai |
| 17 Ryukyu Do Ai | 18 Ryukyu Do Ai | 19 Nuchinu Ryukyu | 20 Nuchinu Ryukyu | 21 Self Meditation | 22 Self Meditation | 23 Self Meditation |
| 24 Self Meditation | 25 Osaka Sora-no-Kai | 26 Self Meditation | 27 Self Meditation | 28 Leaving Japan; Arriving NY | | |

March

<★Register: Pre-registration required for attendance>

2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------------|-----------------------|--------------------------------------|---------------------------------------|-----------------------------------------------|---------------------------------------|--------------------------------------|
| | | | | | 1 ★Register NY Seminar | 2 ★Register NY Seminar |
| 3 ★Register NY Seminar | 4 Leaving NY | 5 Arriving Japan | 6 Self Meditation | 7 Self Meditation | 8 Self Meditation | 9 Self Meditation |
| 10 Yokohama Shizen Seminar | 11 Nakashibetsu | 12 Nakashibetsu | 13 Nakashibetsu | 14 Self Meditation | 15 Yui Nakijin | 16 Yui Nakijin Ryukyu Do Ai |
| 17 Ryukyu Do Ai | 18 Ryukyu Do Ai | 19 Nuchinu Ryukyu | 20 Nuchinu Ryukyu | 21 (Vernal Equinox Day) Self Meditation | 22 Self Meditation | 23 Fureai |
| 24 Nagomi | 25 Self Meditation | 26 Leaving Japan; Arriving BKK | 27 ★Register Bangkok Seminar | 28 ★Register Bangkok Seminar | 29 ★Register Bangkok Seminar | 30 Leaving BKK; Arriving Japan |
| 31 Mugen | | | | | | |